

DO THEY EVEN KNOW WHAT THEY'VE DONE

- to the tune of swing low sweet chariot

Sink low and close the practice
now's the time to show what's been done
sink low and close the practice
now's the time to show what's been done

you go down to Peckham and what do you see?
now's the time to show what's been done
a whole load of people as angry as can be
now's the time to show what's been done

sink low...etc

They've closed down our practice and sullied their name
now's the time to show what's been done
they massaged statistics in order to blame
now's the time to show what's been done

sink low... etc

All of King's Health care should quiver in SHAME
now's the time to show what's been done
our midwives are innocent so now clear their name
now's the time to show what's been done

sink low...etc

The albania midwives have kindled a spark
now's the time to show what's been done
a beacon of hope it has shone in the dark
now's the time to show what's been done

sink low etc..

**SAVE the
ALBANY**
.org.uk

SHOW ME THE WAY TO HAVE A HOME BIRTH

-to the tune of Show me the way to go home.

Show me the way to have a home birth
I'm tired of this hospital bed
I got to know my midwife 'bout an hour ago
And now another one's here instead.

I wish I was at home
Feeling safe and calm and warm
Not lying here with strangers in this clinical room
Oh show me the way to have a home birth.

Show me the way to have a home birth
Let me tell you what I mean
Not feeling like I've only got an hour to go
Til they have to intervene.

I won't be told to push
Or bossed or scared or rushed
I'll take however long it takes
To finish the job
Oh show me the way to have a home birth!

IT IS NO WAY TO HAVE A BABY

-to the tune of it's a long way to Tipperary

It is no way to have a baby
On a conveyor belt
It is no way to have a baby
If only fear and pain is felt

How long's a normal labour?
How long's a piece of string!?

It is just no way to have a baby
With a clock tick-tocking.

It is no way to have a baby
Without people you know
It is no way to have a baby
Feeling rushed - not safe and slow

Goodbye legs in stirrups
Farewell facing the wall
It is just no way to have a baby
It's not 'one size fits all'

ROLL OUT THE MODEL

-to the tune of Roll Out the Barrel

Roll out the model
The Albany model is best

Roll out the model
We want it North, South, East and West.

Roll out the model
It's what women want over here

So hurry and roll out the model
With continuity of care!

Roll out the model
The Albany model is fine

Roll out the model
They know that a labour takes time

Roll out the model
For birthing is not a disease

So hurry and roll out the model
And let us all have Albanys.

THE ALBANY THE ALBANY

-To the tune of Wimberweh -The Lion sleeps tonight

Pt 1: The Albany the Albany
The Albany the Albany
The Albany the Albany
The Albany the Albany (repeat ad. naus)

Pt 2: Down in Peckham, way down in Peckham
The Albany shone bright
Down in Peckham, way down in Peckham
The Albany shone bright...(repeat etc)

Pt 3: Ah woah! Now is the time to clear their name.
Ah woah! Now is the time to clear their name....
(repeat etc..)

Lyrics from the fantastic Albany Mum - Rix Pykel