



## Imagine a woman...

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*A poem by Patricia Lynn Reilly*

Imagine a woman who believes it is right and  
good she is a woman.

A woman who honors her experience and tells  
her stories.

Who refuses to carry the sins of others within  
her body and life.

Imagine a woman who trusts and respects  
herself.

A woman who listens to her needs and desires.  
Who meets them with tenderness and grace.

Imagine a woman who acknowledges the past's  
influence on the present.

A woman who has walked through her past.  
Who has healed into the present.

Imagine a woman who authors her own life.

A woman who exerts, initiates, and moves on  
her own behalf.

Who refuses to surrender except to her truest  
self and wisest voice.

Imagine a woman who names her own gods.

A woman who imagines the divine in her image  
and likeness.

Who designs a personal spirituality to inform  
her daily life.

Imagine a woman in love with her own body.

A woman who believes her body is enough,  
just as it is.

Who celebrates its rhythms and cycles as an

exquisite resource.

Imagine a woman who honors the body of the Goddess in her changing body. A woman who celebrates the accumulation of her years and her wisdom. Who refuses to use her life-energy disguising the changes in her body and life.

Imagine a woman who values the women in her life.

A woman who sits in circles of women.  
Who is reminded of the truth about herself  
when she forgets.

Imagine yourself as this woman.

*Patricia Lynn Reilly*