Thank you

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AIMS would like to say a very large thank you to Sacha Lane. Sacha raised money for AIMS by being sponsored to run the Cardiff half marathon, no mean feat!

Thanks to Sacha's amazing effort, she raised £405!

This money will help us to help more women like Sacha, who came to AIMS to unravel two traumatic birth experiences. We were able to provide her with information and confidential support to help her make sense of what had happened to her.

We are always amazed by the lengths our members go to to support us!